

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Assisted Living Monthly Calendar

<p>9:30 Exercise/ NuStep – wc 10:00 Book Club – pdr 10:00 Bridge – gr 10:15 Disc in a Cup - ar 1:30 This or That - ar 3:00 Bingo – ar</p>							1							
<p>9:30 Coffee News and Coffee NuStep – wc 9:30 Catholic Communion – ch 10:15 Exercise – wc 10:00 Canasta - gr 1:30 Po-keno – ar 3:00 Scattegories - ar 3:30 Non- denominational Chapel Service – ch</p>	2	<p>9:30 Sit & Dance/ NuStep – wc 9:30 RESIDENT CHRISTMAS PICTURES Hair/ Make up/ Pictures 10:15 Parachute – wc 1:30 Bridge – gr 1:30 Pool Sharks - gr 3:00 Po-keno – ar 6:30 Christmas Light Ride - ar First Day of Hanukkah</p>	3	<p>9:00 Peep the therapy dog weekly 9:30 Weight Training - wc 9:30 Hooks and Needles – ar 9:30 Book Series Club – lib 10:15 Horse Races- wc 1:30 Men's Poker – gr 1:30 Afternoon Movie - lib 1:30 Nickel Bingo - cs 1:30 Craft - ar 3:00 Sing a longs – ar 3:00 Yahtzee - cs</p>	4	<p>9:30 Yoga/ Chair Pilates – wc 9:30 Color Pencils -ar 9:30 Nails – cs 9:30 21 - lib 10:15 Catholic Communion – ch 10:15 Horse Shoes – wc 1:30 WAR – ar 1:30 Bridge – gr 1:30 Headbanz - lib 1:30 Finish the Phrase – cs 3:00 Would You Rather – ar 3:00 UNO/ Walking indoors - cs 5:45 Caroling in the Dining Room – dr 6:30 Christmas Bingo - ar</p>	5	<p>9:30 Tia Chi – wc 9:30 LCRC - ar 9:30 Shopping at Walmart – ar 10:15 Bowling – wc 10:15 High/ Low - ar 1:30 Rosary – ch 1:30 Durham Outing - ar 1:30 Canasta – lib 1:30 Sing a longs – ar 1:30 Flower Arranging – cs 3:00 BINGO – ar Happy Birthday Thelma W</p>	6	<p>9:30 Kickboxing and Stretching/ NuStep – wc 9:30 Morning Ride - ar 9:30 Sequence – ar 9:30 Nails/ Massages– cs 10:15 Shuffle Board – wc 10:15 Farkle - ar 10:30 Book Club – pdr 1:30 Monopoly – ar 1:30 Woman's Poker – gr 1:30 Rummikub - lib 1:30 Bible Stories – cs 3:00 Happy Hour– dr</p>	7	<p>9:30 Exercise/ NuStep – wc 10:00 Book Club – pdr 10:00 Bridge – gr 10:15 Balloon Volleyball - ar 1:30 Trash - ar 3:00 Bingo – ar</p>	8	
<p>9:30 Good Morning News/ NuStep – wc 9:30 Catholic Communion – ch 10:00 Exercise – wc 10:00 Canasta – gr 10:30 Coffee with Leslie - ar 1:30 Po-keno – ar 3:00 Holiday TV Shows – ar 3:30 Non- denominational Chapel Service – ch</p>	9	<p>9:30 Sit & Dance/ NuStep – wc 9:30 Nails/ Massages – cs 9:30 Craft - ar 9:30 Morning Ride – ar 10:15 Parachute – wc 1:30 Bridge – gr 1:30 Wii – lib 1:30 Pool Sharks - gr 1:30 Christmas Water colors- ar 1:30 UNO - cs 3:00 Po-keno – ar 3:00 Walking Club – cs 6:30 Resident Christmas Light Ride - ar Happy Birthday Carol S.</p>	10	<p>9:00 Peep the therapy dog weekly 9:30 Weight Training - wc 9:30 Hooks and Needles – ar 9:30 Book Series Club – lib 10:15 Horse Races- wc 1:30 Men's Poker – gr 1:30 Afternoon Movie - lib 1:30 Fact or Fiction – cs 1:30 Cover the Board - ar 3:00 Trash – ar 3:00 Kings in the Corner - cs</p>	11	<p>9:30 Yoga/ Chair Pilates – wc 9:30 Bunco -ar 9:30 Nails – cs 9:30 Christmas Sing a longs - lib 10:15 Catholic Communion – ch 10:15 Horse Shoes – wc 10:15 Hangman – ar 12:30 Corner Store - cs 1:30 TOWNHALL – ar 1:30 Bridge – gr 3:00 Birthday Social – ar 6:30 Family Christmas Light Rides – ar Happy Birthday Bob M.</p>	12	<p>9:30 Tia Chi – wc 9:30 Jewelry Making - ar 9:30 Shopping at Walmart – ar 10:15 Bowling – wc 1:30 Rosary – ch 1:30 Gingerbread Outing - ar 1:30 Canasta – lib 1:30 Boggle– ar 1:30 Flower Arranging – cs 3:00 BINGO – ar Happy Birthday John S.</p>	13	<p>9:30 Kickboxing and Stretching/ NuStep – wc 9:30 Morning Ride - ar 9:30 My 2 Cents – ar 9:30 Nails/ Massages– cs 10:15 Shuffle Board – wc 10:15 Christmas Trivia - ar 10:30 Book Club – pdr 1:30 Scattegories – ar 1:30 Woman's Poker – gr 1:30 Rummikub - lib 1:30 Bible Stories – cs 3:00 Happy Hour– dr Happy Birthday Joyce D.</p>	14	<p>9:30 Exercise/ NuStep – wc 10:00 Book Club – pdr 10:00 Bridge – gr 10:15 Human Foosball - ar 1:30 Christmas Caroling - ar 3:00 Bingo – ar</p>	15	
<p>9:30 Coffee News/ NuStep – wc 9:30 Catholic Communion – ch 10:15 Exercise – wc 10:00 Canasta - gr 1:30 Po-keno – ar 3:00 WAR - ar 3:30 Non- denominational Chapel Service – ch</p>	16	<p>9:30 Sit & Dance/ NuStep – wc 9:30 Nails/ Massages – cs 9:30 Sequence – ar 9:30 Morning Ride – ar 10:15 Parachute – wc 10:15 Wheel of Fortune - ar 1:30 Bridge – gr 1:30 Pool Sharks - gr 2:00 Resident Christmas Party – dr 6:30 Resident Christmas Light Ride - ar Happy Birthday Jim F.</p>	17	<p>9:00 Peep the therapy dog weekly 9:30 Weight Training - wc 9:30 Hooks and Needles – ar 9:30 Book Series Club – lib 10:15 Horse Races- wc 1:30 Men's Poker – gr 1:30 Afternoon Movie - lib 1:30 Dominos – cs 1:30 Baking Cookies - ar 3:00 Sing a longs – ar 3:00 WAR - cs</p>	18	<p>9:30 Yoga/ Chair Pilates – wc 9:30 Color Pencils -ar 9:30 Nails – cs 9:30 Advent sacrament of Reconciliation - ch 9:30 Let's Make Music - lib 10:15 Catholic Communion – ch 10:15 Horse Shoes – wc 12:30 Corner Store - cs 1:30 Fact or Fiction – ar 1:30 Bridge – gr 1:30 Christmas Caroling - lib 1:30 Table Talk – cs 3:00 Entertainment with Christine Coulson - dr 6:30 Family Christmas Light Rides - ar</p>	19	<p>9:30 Tia Chi – wc 9:30 Roll It tic tac toe - ar 9:30 Shopping at Walmart – ar 10:15 Bowling – wc 10:15 Jeopardy - ar 1:30 Rosary – ch 1:30 Canasta – lib 1:30 Library - ar 1:30 BINGO – ar 3:00 Flower Arranging – cs 3:00 Women's Group – ar Happy Birthday Carol B.</p>	20	<p>Ugly Sweater Day 9:30 Kickboxing and Stretching/ NuStep – wc 9:30 Morning Ride - ar 9:30 Farkle – ar 9:30 Nails/ Massages– cs 10:15 Shuffle Board – wc 10:15 21 - ar 10:30 Book Club – pdr 1:30 Sing a longs – ar 1:30 Woman's Poker – gr 1:30 Rummikub - lib 1:30 Bible Stories – cs 3:00 Happy Hour– dr Happy Birthday Jean J Winter Begins</p>	21	<p>9:30 Exercise/ NuStep – wc 10:00 Book Club – pdr 10:00 Bridge – gr 10:15 Mini Golf - ar 1:30 Holiday Movie and Hot Chocolate - ar 3:00 Bingo – ar</p>	22	
<p>9:30 Good Morning News/ NuStep – wc 9:30 Catholic Communion – ch 10:00 Exercise – wc 10:00 Canasta – gr 10:30 Coffee with Leslie - ar 1:30 Po-keno – ar 3:00 Cover the Board – ar 3:30 Non- denominational Chapel Service – ch</p>	23	<p>9:30 Sit & Dance/ NuStep – wc 9:30 Nails – cs 9:30 Morning Ride – ar 10:15 Parachute – wc 1:30 Bridge – gr 1:30 Pool Sharks - gr 1:30 Po-keno – ar 3:00 Christmas Trivia - cs</p>	24	<p>MERRY CHRISTMAS! CHRISTMAS PACKETS ARE IN THE ACTIVITY ROOM Christmas Day</p>		25	<p>9:30 Yoga/ Chair Pilates – wc 9:30 Number Dice -ar 9:30 Nails – cs 10:15 Catholic Communion – ch 10:15 Horse Shoes – wc 10:15 Red/ Black - ar 1:30 Cover the Board– ar 1:30 Bridge – gr 1:30 LCRC – cs 3:00 Boggle – ar 3:00 You be the Judge - cs</p>	26	<p>9:30 Tia Chi – wc 9:30 Jewelry Making - ar 9:30 Boggle - cs 9:30 Shopping at Walmart – ar 10:15 Bowling – wc 1:30 Rosary – ch 1:30 Mystery Outing - ar 1:30 Canasta – lib 1:30 Trash – ar 1:30 Flower Arranging – cs 3:00 BINGO – ar 3:00 Indoor Walk - cs</p>	27	<p>9:30 Kickboxing and Stretching/ NuStep – wc 9:30 Morning Ride - ar 9:30 LCRC – ar 9:30 Nails/ Massages– cs 10:15 Shuffle Board – wc 10:15 Hangman - ar 10:30 Book Club – pdr 1:30 Yahtzee – ar 1:30 Woman's Poker – gr 1:30 Rummikub - lib 1:30 Bible Stories – cs 3:00 Happy Hour– dr</p>	28	<p>9:30 Exercise/ NuStep – wc 10:00 Book Club – pdr 10:00 Bridge – gr 10:15 Bowling - ar 1:30 Cover the Board - ar 3:00 Bingo – ar</p>	29
<p>9:30 Coffee News/ NuStep – wc 9:30 Catholic Communion – ch 10:15 Exercise – wc 10:00 Canasta – gr 1:30 Po-keno – ar 3:00 Hot Choc and conversation – ar 3:30 Non- denominational</p>	30	<p>9:30 Sit & Dance/ NuStep – wc 9:30 Nails/ Massages – cs 9:30 Farkle - ar 9:30 Morning Ride – ar 10:15 Hangman – ar 12:00 Countdown to NOON!!!! - dr 1:30 Bridge – gr 1:30 LCRC – lib 1:30 Pool Sharks - gr 1:30 Wii Games - ar 1:30 New Year resolutions - cs 3:00 Po-keno – ar Happy Birthday James C. Jean K. New Year's Eve</p>	31	<p>Key..... Activity Room – ar Wellness Center – wc Sun Room – sr Library – lib Private Dining Room – PDR Dining Room – dr Coffee Shop – cs Chapel – ch Outings – ar Corner Store Birthdays</p>				<p>All activities and times are subject to</p>						